



HEALTHPLANS  
A Division of Caprock Health Group

## MEDICAL REIMBURSEMENT ACCOUNT QUALIFYING EXPENSE WORKSHEET

To gain maximum benefit from your flexible spending account(s), you should accurately budget your unreimbursed medical expenses. **Only expenses that you know you will incur during the Plan Year should be included in this program.** This worksheet is a guide to assist you with common items, but does not include all types of expenses that may be eligible.

### QUALIFYING EXPENSE

### ESTIMATED ANNUAL EXPENSE

	YOU	SPOUSE	DEPENDENT(S)
<b>Medical Expenses:</b>			
Medical Doctor's Fees/Co-Payments	\$ _____	\$ _____	\$ _____
Annual Physical Examinations	\$ _____	\$ _____	\$ _____
Prescription Drugs	\$ _____	\$ _____	\$ _____
X-rays and Lab Fees	\$ _____	\$ _____	\$ _____
Hospital Services	\$ _____	\$ _____	\$ _____
Chiropractors and Acupuncturists	\$ _____	\$ _____	\$ _____
Surgery	\$ _____	\$ _____	\$ _____
Ambulance Service	\$ _____	\$ _____	\$ _____
Psychiatrists or Psychologists	\$ _____	\$ _____	\$ _____
<b>Visions Expenses:</b>			
Eye Exams	\$ _____	\$ _____	\$ _____
Glasses, Contact Lenses, Solutions	\$ _____	\$ _____	\$ _____
Lasik Eye Surgery	\$ _____	\$ _____	\$ _____
<b>Dental Expenses:</b>			
Deductible/Co-pay	\$ _____	\$ _____	\$ _____
Teeth Cleaning, X-rays, Fillings	\$ _____	\$ _____	\$ _____
Crowns, Root Canals	\$ _____	\$ _____	\$ _____
Braces	\$ _____	\$ _____	\$ _____
Dentures, Bridges	\$ _____	\$ _____	\$ _____
<b>Hearing Expenses:</b>			
Exams, Hearing Aids	\$ _____	\$ _____	\$ _____
Other Eligible Expenses:	\$ _____	\$ _____	\$ _____

**TOTAL ANNUAL MEDICALLY RELATED EXPENSES** \$ \_\_\_\_\_

### **PAY PERIOD ELECTION**

(Divide total annual expenses by number of pay periods per year) \$ \_\_\_\_\_